

Suicide

If you are reading this and you are contemplating suicide, we want you to know that we care about you and would love to talk with you today. God does not want you to hurt yourself or to end your life. Your life is valuable. God created you on purpose, with a purpose. Whatever you're going through right now, there is another solution besides suicide.

We want you to ask yourself, "Is this what God's plan is for me or is this my own plan?" "Is this God's best for you or am I looking for an escape that is not God's will?"

God has a better plan for you. God says, "I know the plans I have for you," Declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future'" (Jeremiah 29:11). You can trust that this is how God feels about you. God wants to bless you and give you a great future, a future that is beyond what you can imagine right now (Ephesians 3:20).

God loves you so much that He sent His only son Jesus to die for you, taking all your sin, your past, and your shame. You don't have to die to pay for your sin because Jesus already did. When He rose from death, He conquered sin and death for everyone who believes in Him.

It's ok to be overwhelmed in this season. But please know that this is a temporary season you are in, and the final chapter has not been written yet. Please talk to someone about what you are feeling. We can't do life alone. If you are truly considering suicide then please talk with someone today. There are resources available to help you. The best resource for you would be to go to the emergency room at the local hospital and ask for their help.

If you would like to speak with someone here about this, please contact your local NewSpring Church office or email us at care@newspring.cc.

